World Suicide Prevention Day- 10 September, 2018

An awareness programme on Suicide prevention was organized by Narayana Pharmacy on 10 September 2018. Dr. Subhani Shaik, Assistant Professor, Department of Psychiatry, Narayana Medical College was invited as the chief guest. "Suicide is a crime", stressed the chief guest. He talked on this global issue arising in youth amidst various reasons like depression, Mental stress etc. He explained that best antidote to combat the epidemic is meditation, Physical workout and laughter therapy. The output of the programme was fruitful.









